

# 5 ELEMENTS OF A SUCCESSFUL FAMILY MEDIATION

## 1 VOLUNTARY

Everyone is willing to participate and work through issues together. Everyone has a voice.

## NEUTRAL & 2 CONFIDENTIAL

Mediation provides a neutral, confidential, and safe space for individuals to identify what's important to them and share perspectives.

## 3 SKILLED MEDIATOR

Skilled and experienced professional familiar with the complexities of family dynamics as well as the issues at hand. Able to facilitate the exchange of information and the family's movement toward agreement.

## CONSENSUS-BUILDING 4

The process respects everyone's perspectives and strives to achieve solutions acceptable to all participants.

## 5 STRENGTHENS FAMILY TIES

Mediation is an opportunity to resolve differences without destroying family ties. Family members emerge from the process armed with new tools in communication, perspective-taking and problem-solving.